

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nadeem Ahmed

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:16:08

PACE 07:36/km

OVERALL 181 of 287

GENDER 117 of 157

SENIOR (20- 55 of 65

39)

04 December 2016, Sun

Date

BoutTime

Signature